

Morning Checklist

Shower

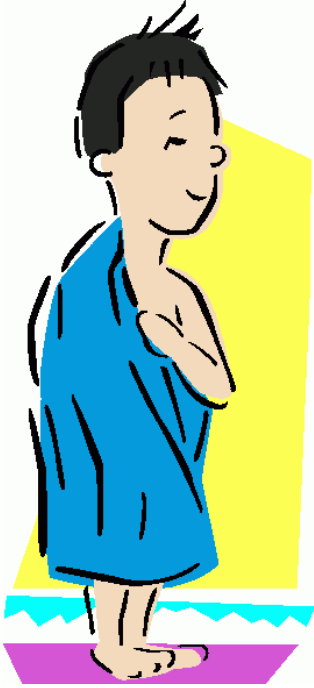
- Wash my body
- Wash my hair
- Get out and dry off
- Put on my robe

Get Ready

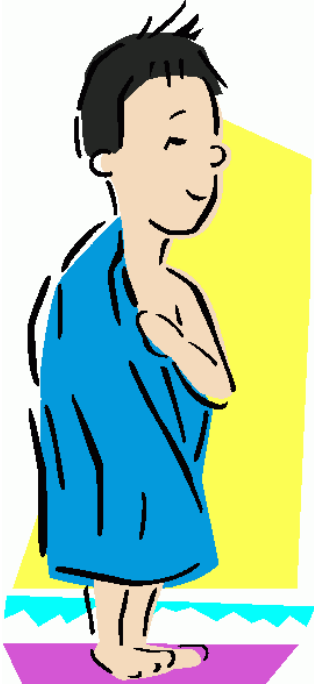
- Wash my face
- Brush my teeth
- Use deodorant
- Dry and brush my hair

Get Dressed

- Put on underclothes
- Put on shirt
- Put on pants
- Put on socks
- Put on shoes



Morning Checklist



Bañarme

- ___ Lavo mi cuerpo
- ___ Lavo mi pelo
- ___ Me seco
- ___ Me pongo la bata

Prepararme

- ___ Me lavo la cara
- ___ Me lavo los dientes
- ___ Uso desodorante
- ___ Me seco e pelo y me peino

Vestirme

- ___ Me pongo la ropa interior
- ___ Me pongo la camisa
- ___ Me pongo los pantalones
- ___ Me pongo los calcetines
- ___ Me pongo los zapatos

